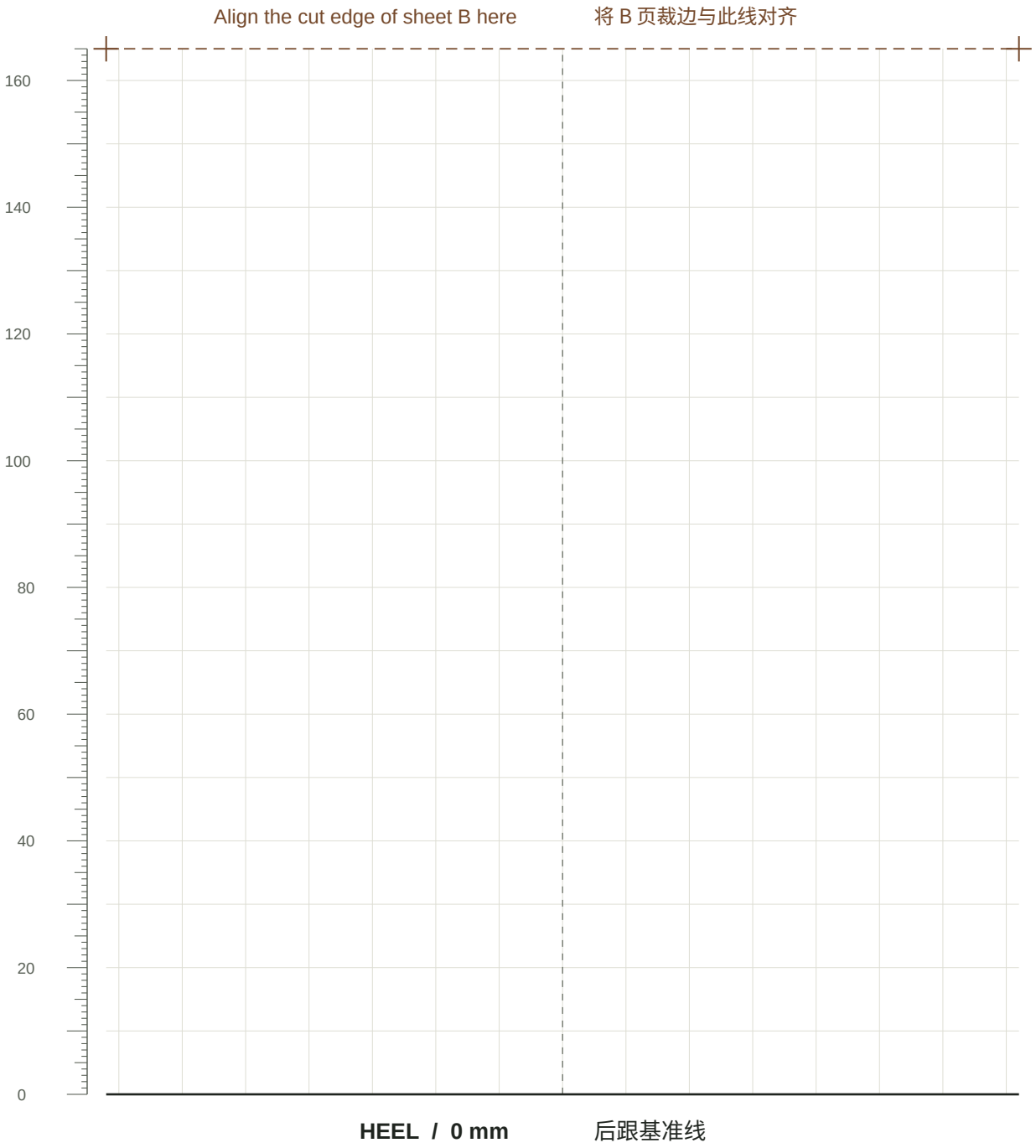


SATB / FITTING

Foot tracing

足印描图表

Sheet A / Heel

A 页 / 后跟

Print A and B on separate A4 landscape sheets.

A、B 两页分别用 A4 横向单面打印。

Choose Actual size (100%). Check both sides of the square on each sheet with a physical ruler.

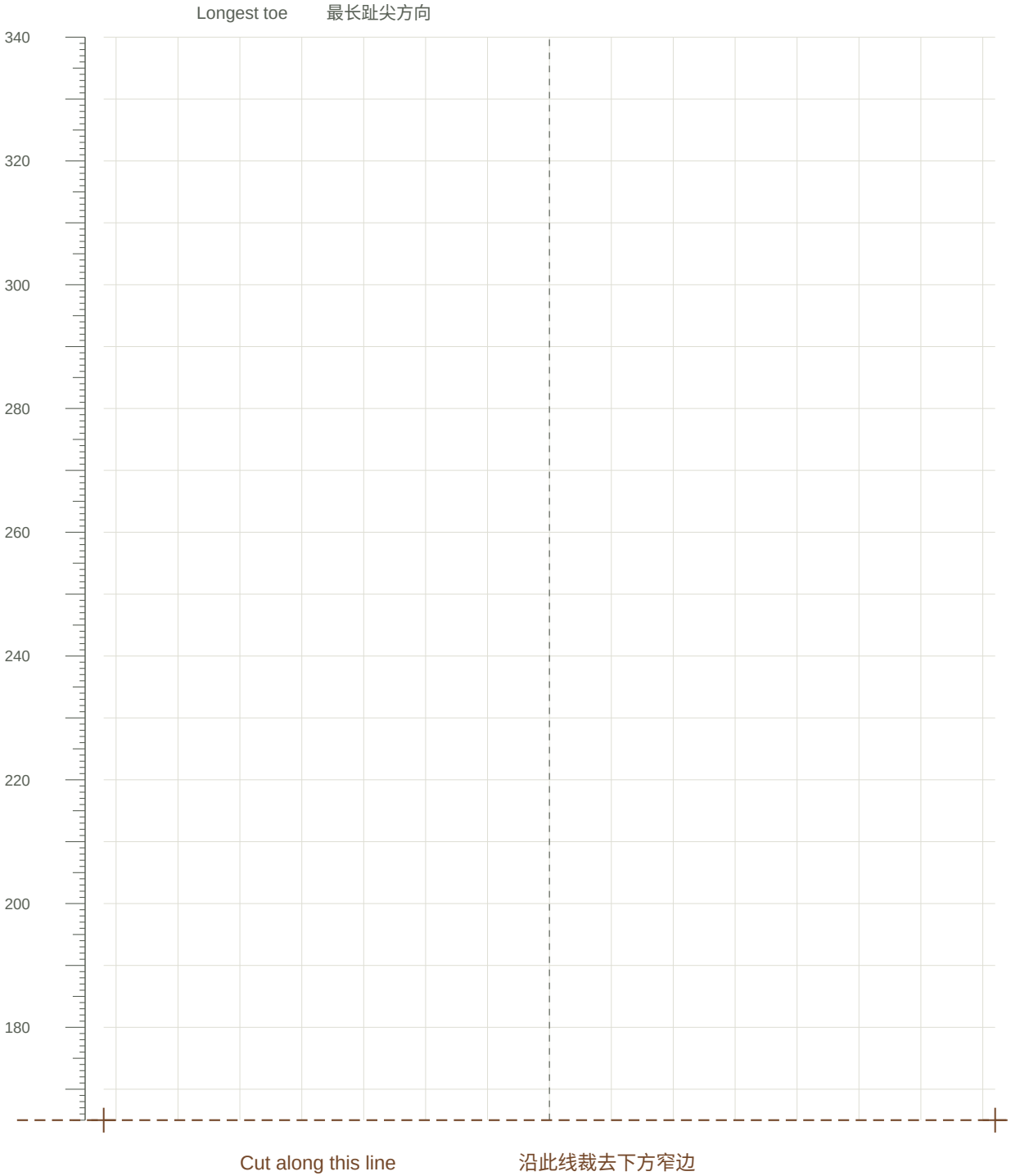
选“实际大小”（100%）。用直尺核对两页方框的长、宽均为 50 毫米。

50 x 50 mm

打印校准方框

Print one A + B set for each foot.

左右脚各打一套 A、B 页。



SATB / FITTING

Sheet B / Toes

B 页 / 前掌与趾尖

Trim B at the dashed line. Match the cut edge and crosses to A. Tape flat on the reverse.

沿虚线裁去 B 页下边，对齐 A 页接线及十字标记，在背面用胶带贴平。

Stand with weight on both feet. Set the back of the heel on zero and point the foot along the centre line. Have a helper trace with a vertical pen.

双脚均匀承重，后跟最末端对准零线，足部朝向中线方向。请人将细笔竖直，贴脚描出完整轮廓。

50 x 50 mm

打印校准方框

Foot L / R Date _____

圈选左 L 或右 R，注明日期。